Pirate Pearls



VOL 5, NO 4

THE GRADUATE STUDENT NEWSLETTER

Maximize your NCFDD membership!

All graduate students can claim their free membership in the National Center for Faculty Development & Diversity! The university provides this membership to you for free to help you benefit from the outstanding resources offered by NCFDD. There are articles, webinars, opportunities for networking and more! You do not need to have the goal of becoming a faculty member to benefit from all that NCFDD offers. Here are a few upcoming events that could help any graduate student become a confident, productive professional.

Webinars

Thursday, October 8 at 2:00 PM How to engage in healthy conflict <u>More Information</u>

Tuesday, October 27 at 2:00 PM Women's brain health at midlife: What does menopause have to do with it? More Information

Thursday, November 12 at 2:00 PM
How to manage stress, rejection & the haters in your midst More
Information

Tuesday, November 24 at 2:00 PM Engagement Matters: Developing a career as a community engaged scholar <u>More Information</u>

Bootcamps

Fall 2020 14-Day Writing Challenge More Information Oct 19 - Nov 1 Sign up by Oct 14 More Information

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Thesis Or Dissertation Upload Deadline

This date is always in the Academic Calendar. Click on the Blue Link on the top of any academic calendar and you will be taken to the Application and Processing Calendar. The Thesis & Dissertation deadline is always listed there!

Fall 2020 - November 11 Spring 2021 - April 22





STUDENT EVENTS

Grad PIRATE Talks Continue Through Fall

Don't forget to note all the Grad PIRATE Talks on your calendar so you don't miss any of this outstanding speaker series! Your fellow graduate students have created a robust speaker series that not only highlights the important issues we face today, but also illustrates how incredibly strong our graduate study body is at ECU! The student-led steering committee is an impressive group of passionate students and when you attend these talks, you will be able to witness this excellence, as well. Recordings of the past events are available on the Grad PIRATE Talks website which is housed on the Current Students page of the Graduate School website.

Access, Screening, Treatment: Multilevel Inequities Leading to Disparate Outcomes

Scarlett Hao - Brody School of Medicine Tuesday, October 6 Register

Creating Safe Spaces for Transgender/Gender Nonbinary Folks

Dana M. Cea - Addictions and Rehabilitation Stuides Tuesday, October 13 Register

Focusing on LGBTQ Related Issues in Healthcare Curriculums

Corey Winkler - School of Dental Medicine Tuesday, October 20 Register

We Gather: A Phenomenological Approach to Black College Women's Healing and Well-Being

Chanale Propst Tuesday, October 27 Register

Department of Interdisciplinary Professions - Counselor Education

The Many Faces of Feminism

Victoria Matlock, Ashanta Smith - Social Work Tuesday, November 10 Register

Supporting Undocumted Student's Education in the United States

Rodney McNeill, Patrick Greene - College of Education Tuesday, November 17 Register

Three-Minute Thesis is Virtual

Our annual Three-Minute Thesis (3MT) event is going to be an online event and that means we need YOU to send us a video presentation! This fun research competition will continue to have many of the features you remember - groups of students presenting their research in a 3 minute time period using only 1 slide, celebrity judges from around campus & Greenville, and awards for the Grand Champion and People's Choice Award. However, instead of having 3 in-person heats plus a championship round, we will be posting videos provided by graduate student entrants. You, and our "celebrity" judges will be able to view the videos and then cast your vote for the People's Choice Award! There will be a live event on November 4th to announce the

winners and that link will be available publicly closer to the date.

For now, please read through the <u>3MT website</u> to make sure you undertstand how the competition works, how to record your video, and how to submit it to the Graduate School.

You do not have to pre-register to send in a video. The email you send to submit your video will also serve as your registration. In the past you sent in an abstract ahead of the event, and this time you will only <u>send in your video</u> with some specific information in the email.

Make sure to <u>watch previous year's presentations</u> so you have an idea of what to prepare! Any reserach is appropriate - this does not have to be a thesis or dissertation project! So talk with your research mentors or class instructors - any research you are doing is eligible! We can't wait to see your submission!



IMPORTANT DATES & **DEADLINES**



Last day to withdraw from 15-week courses without grades Academic Calendar



Final Exams for 15-week semester begin Academic Calendar



Last day to email in your video submission for the 3-Minute Thesis competition See page 2



Exams for Fall Semester end Academic Calendar



Last day to withdraw from 8W2 (block 2) courses without grades Academic Calendar



Grades due at 8:00 AM for both 8W2 and 15-week sessions Academic Calendar



Early Registration for Spring 2021 begins today at 1:00 PM for graduate students Academic Calendar



Commencement Ceremony, 10:00 AM Commencement Website



Last day to upload your thesis or dissertation into VIREO for a Fall 2020 graduation

Processing Calendar



Suggested date by which all continuing students should be registered for all courses in Spring 2021 semesters (8w1, 8w2, and 15-week)

NOV

Last day for graduate students to submit work for removal of incompletes given in Fall, 2019.

Academic Calendar

JAN 19

Classes begin for Block 1 (8w1) and 15week semesters in Spring 2021

Academic Calendar

Final Exams for Block 2 Academic Calendar

25

Last day to make schedule changes for ALL Spring 2021 terms: Block 1, Block, 2 and 15-week

Academic Calendar

This page is not the official academic calendar and errors on this page will not be justification for missing deadlines. Students should always refer to the official academic calendars. Students should make sure to review the calendar for the appropriate term: 8w1 (Block 1), 8w2 (Block 2) or 15-week (full semester).

All official academic calendars are always posted <u>here</u>.



PREPARING FOR SPRING 2021

Early Registration For Spring 2021 on November 6

Beginning at 1:00 PM on Friday, November 6, currently enrolled graduate students are eligible to register for Spring 2021. It is in your best interests to speak to your advisors NOW so you are ready to register quickly after 1:00 PM on November 6. When you register early, it allows you to know your financial obligations. This helps with planning finances, applying for and understanding financial aid, and will also help you review your progress towards your degree in Degree Works. The Graduate School recommends students register for Spring semester by December 1. This ensures you are able to be organized, plan, and begin each semester as stressfree as possible!

How Do I Register?

Graduate Students are expected to register themselves for courses via **Banner Self Service**. Your official schedule must be checked via Banner Self Service each semester. It is the student's responsibility to ensure your schedule is accurate each semester including correct course name, number, section number, and number of credits. To learn more about using Banner Self Service for early registration, review the helpful guides on the Registrar's website. Graduate students do not need registration PINs.

How Long is the Add/Drop Period?

At ECU, the "add/drop" period is called the Course Adjustment Period and the last date for course adjustments is listed in the academic calendar for each semester. Students are responsible for adding & dropping courses by this deadline. It is the 5th day of classes during the Fall & Spring Semesters and is typically the 2nd day of classes in summer sessions. Consult the academic calendar for each semester's deadlines. You must make sure you read the academic calendars carefully to ensure you are looking at the correct one for each semester - Block 1 (abbreviated 8w1) Block 2 (abbreviated 8w2), or the 15-week term.

Courses are rarely added to a student's schedule after the Course Adjustment Period has ended. If this is requested and permitted, the student will be required to pre-pay all tuition & fees. Late requests should come from the Graduate Program Director to the Registrar and Graduate School.

Graduating in Spring 2021 or Summer 2021?

Students should apply to graduate at least 1 semester prior to the term they wish to graduate. Thus, if you are graduating with a degree or certificate for Spring 2021, you should definitely apply to graduate now. This will ensure you, your advisor, and the Registrar have time to review your Degree Works audit to ensure you take the correct, final classes you need in Spring 2021. If you are graduating in Summer 2021, you should apply to graduate in late Fall, or by the first day of classes in January 2021. Again, this helps you, your advisor, and the Registrar make sure you are signed up for the correct courses in Spring & Summer 2021 so you don't end up short credits right before you intend to graduate!

If you are earning a degree and a certificate, you must complete a graduation application for EACH credential separately. If you have any questions, make sure to talk with your advisor and/or your graduate program. director now so you can plan your final semesters well in advance. Help with applying to graduate is on the Registrar's website.



DETAILS & RESOURCES

In State Residency for Tuition

All <u>residency decisions</u> are made by the Residency Determination Service (<u>RDS</u>) which is part of the UNC System Office. If you are currently rated as out-of-state and plan to file for in-state residency, you should do this after the 366th day you have lived in the state of NC. The first major criteria for being listed as in-state is that you have lived in the state of NC for at least 1 full year. Therefore, if you apply for residency prior to your 366th day, you will not meet that critiera and will not be approved. Make sure you review the <u>RDS website</u> carefully so you submit all the documentation you can to demonstrate residency. The <u>FAQ</u> is helpful as are the procedures for appeal and reconsideration.

Career Fairs are going VIRTUAL!

Career Services has moved their career fairs to a virtual environment for Fall 2020! Using the online portal Handshake, you will have a variety of ways to interact with employers including one-on-one online meetings, information for download, and more! Click on each graphic to register for that specific career fair. And make sure to investigate Handshake to its fullest! It can really help you with your job search!

October 7 Job & Internship Fair October 14 Engineering & Technology Fair November 4 Graduate Admissions Fair

Center for Counseling and Student Development (CCSD) Available to Graduate Students

The ECU Center for Counseling and Student Development (CCSD) is currently utilizing telemental health for the Fall 2020 Semester. If you need urgent support or are interested in scheduling a counseling appointment or simply have more questions, you can call the office at 252-328-6661. Please call to schedule a crisis consultation, get a first appointment, make a routine appointment or ask questions about the CCSD. The CCSD also provides information and contacts for other campus resources that can be helpful to students including outreach programs, resources for basic needs, academic concerns, and more! You can review these resources on the CCSD website at https://counselingcenter.ecu.edu/fall2020/.

The CCSD also has after hours urgent mental health support. You can call the main number at 252-328-661 and then press "2" to be connected to a crisis counselor. For life threatening mental health emergencies, please call 911 or go to your nearest hospital emergency department.

If you are concerned about another student member of Pirate Nation, you can get help to assist this person. Please review the resources on the <u>Concerned About A Pirate website</u> to learn more about how you can find care for a friend.



IMPORTANT RESOURCES

Help for your 3MT Presentation is Available!

So now that you have decided to submit a video for the Three-Minute Thesis (3MT) competition (see page 2 of this newsletter), it's time to get prepared. What should you do to make sure your presentation is top notch?

First, we recommend speaking with your research mentors, graduate program director, or even your course instructors. The research you present does not have to be from a master's thesis or doctoral dissertation. It can be research you are doing as part of your assistantship or it can be a research project you are doing as a capstone to an internship, or even for one of your courses. Any research conducted by a graduate student is eligible!

Once you know what project you will present, you can get ideas for your one slide and how to do your presentation by watching the video examples of previous year's winners. You can see how simple the slide can be, but yet it can still be effective. You will hear how well the students describe their research to individuals outside their discipline - so layman's language is appropriate!

You will also see just how quickly 3 minutes can fly by when you

are doing these presentations. Therefore, it is critical that you get some professional help with your presentation style and we have an outstanding campus resource for that....keep reading.....

The Speech Communication Center Hosts Workshops for 3MT Competitors

The Speech Communication Center is hosting 2 virtual workshops through Microsoft Teams to help 3MT competitors improve their video presentations. You can RSVP for one or both days! The link will bring you to Engage.ecu.edu where you can register for the events.

Wednesday Oct 14 - REGISTER 11:00 AM - 12:00 noon <u>Direct Link to Workshop</u>

Thursday Oct 15 - REGISTER 3:00 PM - 4:00 PM <u>Direct Link to Workshop</u>

The Speech Communication Center Available to ALL Graduate Students

- Are you feeling anxious about an upcoming speech or presentation?
- Have you started working on an assigned speech or presentation for class, but just can't get it right?
- Are you stumbling over how to organize a successful presentation?
- Do you worry about your audience being able to understand what you are saying?
- We can help you organize and deliver a dynamic, engaging, organized presentation!
- MAKE AN APPOINTMENT HERE
- Virtual appointments available
 via WebEx upon request.
 Our WebEx Information is
 https://ecu.webex.com/meet/
 commcenter | 1201747429
 When requesting an appointment,
 be certain to tell us that the
 appointment is virtual. You must
 provide your WebEx contact
 information in advance of your



Attend Cell Bio Virtual 2020 with support from these grants

Inclusivity Grants

Inclusivity grants, covering the reimbursement of membership dues and abstract fees in order to attend Cell Bio Virtual 2020, are currently available to undergraduate, graduate, postdoc, and junior faculty who identify as underrepresented minorities (see NIH definition*).

Society membership and meeting attendance offer unparalleled access to a community of scientists for connection and collaboration as well as opportunities to stay on the cutting-edge of developments in the field.

Childcare Grants

The ASCB is accepting applications for grant support to help offset the cost of childcare, enabling scientists with dependent children to attend the meeting.



*The NIH has determined that the following racial and ethnic groups have been shown to be underrepresented: Blacks or African Americans, Hispanics or Latinos, American Indians or Alaska Natives, Native Hawaiians, and other Pacific Islanders. AND Individuals with disabilities, who are defined as those with a physical or mental impairment that substantially limits one or more life activities.



Learn more and apply at

ascb.org/grants-awards/inclusivity-and-childcare-grants-2



@ascbiology facebook.com/ascbiology

October 2020 Diversity Highlights					
Oct. 1	Healing Space: Racial Trauma Support Group. Healing Space is a program with the Ledonia Wright Cultural Center created for students of color to discuss racial trauma and the effects of microaggressions.	3pm, register on Engage to receive WebEx link.			
Oct. 1	Cupola Conversations: "Decision 2020: Bridging the Divide." The 2020 election cycle is in full swing and the impacts will be felt across the state and the entire country on many levels. This will be a facilitated discussion with two national political leaders addressing the pressing political issues from both sides of the aisle. The panelists are Dallas Woodhouse, Former Executive Director of the North Carolina Republican Party and Luis Miranda, Former Communications Director for the Democratic National Committee.	4pm, Join <u>via</u> <u>Microsoft Teams</u>			
Oct. 1-30	SNMA's Candy Gram Fundraiser. BOO! Hopefully we did not scare you. The Brody School of Medicine's Student National Medical Association (SNMA) is hoping to help connect you to your family, and friends by hosting a Candy Gram Fundraiser. Purchase a sweet goodie bag for contactless delivery, shipment or pick-up by completing this Google Form.	The deadline to order is Oct. 23. Candy Grams will be distributed on Oct. 30.			
Oct. 1-30	SNMA's Obesity Awareness Month & Fitness Challenge. The Brody School of Medicine's Student National Medical Association (SNMA) is hosting a fitness challenge. Join us as we battle obesity during the month of October. Compete in the miles challenge, or our biggest loser challenge for a chance to win a \$25 gift card. While only SNMA members are eligible for prizes, all are encouraged to participate.	Register on Google Forms to participate.			
Oct. 2	Feminist Friday. Feminist Friday is an event with the Women and Gender Office. It is a time to talk about an event or topic that is relevant in today's society. Presented in support of Intimate Partner Violence Awareness Month with the Center for Family Violence Prevention.	2pm, join on Instagram Live @ECU WGO.			
Oct. 5-9	National Coming Out Week Celebrations Oct. 5 – Stop by ECU's Dr. Jesse R. Peel LGBTQ Center on main campus this week to pick up a Pride flag, or a Pride t-shirt to celebrate National Coming Out Week! Please wear your masks if visiting the center in-person. Oct. 8 - The ECU Health Sciences Campus will share and hear coming out stories in celebration of this national day of importance. This event is hosted by the Health Sciences Sexual and Gender Diversity Committee (SGDC). Noon, register on Engage to receive a WebEx link.	Noon, <u>register on</u> <u>Engage</u> to receive a WebEx link.			
Oct. 5-30	SNMA's Canned Food Drive. The Brody Student National Medical Association (SNMA) is hosting a canned food drive through the month of October for Obesity Awareness Month to secure donations for the local food banks in partnership with the Brody Latino Medical Student Association (LMSA). The collection bin will be in the lobby across from the reception desk at the Brody School of Medicine starting October 5th.	The collection bin will be in the lobby across from the reception desk at the Brody School of Medicine starting October 5th.			
Oct. 6	What's the Tea? What's the Tea? is a weekly series that encourages civil discourse on various hot topics within society. Participants are encouraged to share their different perspectives at the Ledonia Wright Cultural Center, a safe place for all Pirates. This is a recurring event hosted every Tuesday.	4pm, register on Engage to receive WebEx link.			
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October 2020 Diversity Highlights				
Oct. 6	Queer Film Series: "Intersexion." In this groundbreaking documentary, intersex individuals reveal the secrets of their unconventional lives — and how they have navigated their way through the strictly male/female world when they fit somewhere in between. Presented by the Dr. Jesse R. Peel LGBTQ Center in celebration of Intersex Awareness Month. 6pm, register on Engage to receive WebEx and Kanopy links; OR visit in-person to attend the show. Please wear your masks if visiting campus.	6pm, register on Engage to receive WebEx and Kanopy links; OR visit in-person to attend the show.		
Oct. 7, 14, 21, 28	Coffee House Group. Coffee House Group is an informal weekly psychoeducational and social gathering for students hosted by the Dr. Jesse R. Peel LGBTQ Center. Through group discussion and engaging activities, weekly meetings aim to build community while learning about topics impacting LGBTQ students and allies in a safe and supportive environment. The group covers topics such as identity development, intersectionality, relationship success, and healthy habits.	6pm, register on Engage to receive WebEx link.		
Oct. 9	Medical School and Residency Financial Literacy Webinar. Are you medical student? Then join "I Am First" on October 9 at 5pm via WebEx for a talk on financial literacy while in medical school and beyond. This event is hosted by the Brody School of Medicine "I Am First" diversity organization.	5pm, https://ecu.webex. com/meet/sonr19		
Oct. 12	Indigenous Peoples' Day. Join the Ledonia Wright Cultural Center and Office for Equity and Diversity for the Second Annual Indigenous Peoples' Day where we will have artist Senora Lynch virtually lead participants through the creation of an art piece and watch local artist Charly Lowry perform online.	1pm and 6pm, register on Engage to receive WebEx link.		
Oct. 14	"Minority, Public, and Rural Health Disparities - A Virtual Roundtable." October brings Global Diversity Awareness Month to remind us of the positive impact a diverse workforce of men and women can have on a society. More and more, the world becomes a place where cultures and customs come together, and we are uncertain what is appropriate. Guest panelists include Dr. Eric Bailey, and Dr. Ronny Bell, Dr. Karlene Cunningham, each from their respective Public Health, Psychiatry and Behavioral Medicine departments.	10-11am, RSVP to blossj19@ecu.edu by Oct. 9 to receive Microsoft Teams link.		
Oct. 14	"Identity & Medicine" (I-AM) Book Club Chat. A "Coffee & Book Club Chat" focused on a series of different book discussions about the perspectives of diverse journeys to a career in medicine. In honor of September 15-October 15 being Latinx Heritage Month, book club members will read and discuss the book: "Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon." Interested students are encouraged to read the selected book during this month. This event is sponsored by the Brody School of Medicine, office of Diversity Affairs (ODA).	5pm, RSVP to bsomdiversity@ec u.edu to receive a link to purchase the book and to RSVP to the book club discussion.		
Oct. 15	Skills for Bridging the Divide. Hosted by Intercultural Affairs and the Office for Equity and Diversity, Braver Angels will facilitate this workshop that teaches skills for having respectful conversations that clarify differences, search for common ground, and affirm the importance of the relationship. This is a safe environment for participants to practice those skills.	3pm, register in Cornerstone to receive the Zoom link.		
Oct. 15	Coming Out Stories. The Dr. Jesse R. Peel LGBTQ Center and the Sexuality and Gender Alliance (SAGA) invite you to <i>Coming Out Stories</i> . In sharing our stories, we create community and strengthen the ties that bind us.	6pm, register on Engage to receive WebEx link.		
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October 2020 **Diversity Highlights**

Oct. 19, Nov. 2, Nov. 16	"The Privileged Poor" Faculty Virtual Book Club. Participants will discuss the book "The Privileged Poor: How Elite Colleges Are Failing Disadvantaged Students" by Anthony Abraham Jack in a 3-part discussion. This book reveals howand whydisadvantaged students struggle at elite colleges and explains what schools can do differently if these students are to thrive. This event is sponsored by the Brody School of Medicine, Office of Faculty Development.	12:30-1:30pm, Contact flowersa19@ecu.edu to sign-up for the Microsoft Teams link, and for more information.
Oct. 19	Disrupting Bias: Using Emotional Intelligence to Uncover Bias and Leverage Change. Join the Office for Equity and Diversity (OED) and Dr. Yoshi Newman as we explore our emotional response when we become aware of our own biases and learn how to experience our emotions as valuable information that can advance personal and societal change.	3pm, <u>register on</u> <u>Cornerstone</u> to receive Zoom link.
Oct. 20	"This is What a Feminist Looks Like" Day. Presented in partnership with the Gender Studies Program. Free T-shirts while supplies last. No-contact delivery is available. Please wear a mask if picking up items in-person.	11am, Women and Gender Office.
Oct. 22	Virtual Diversity Seminar: Examining Disability Identity, Race, and Gender as a Pathway to Inclusive Accessibility. Join the Office for Equity and Diversity and speakers Keri Gray, Dr. Yoo Min Park, and Dr. Joonkoo Yun for a seminar on disability, intersectionality, and accessibility. Students register on Engage; faculty/staff register on Cornerstone to receive the Zoom link.	9am-Noon.
Oct. 26	Intersex Awareness Day. Join the presenters with the Dr. Jesse R. Peel LGBTQ Center virtually in exploring asexuality and learn more about the umbrella term that describes people who identify as asexual, gray-asexual, and demisexual. We will commemorate the internationally observed awareness day highlighting human rights issues faced by intersex people and amplifying intersex voices. Learn more about the experiences of intersex people and how we can support recognition of intersex rights to bodily integrity and truth.	6pm, register on Engage to receive WebEx link.
Oct. 26	SNMA's Physician Speed Dating . Join the Brody School of Medicine's Student National Medical Association (SNMA) for Speed Mentoring: a minority physician mixer with a speed dating twist that allows you to network with physicians from varying specialties. It will be held virtually via Microsoft Teams.	6-7:30pm, register in Google Forms to receive a link.
Oct. 27	SNMA's Diversity in Medicine Webinar . Attendees will gain historical knowledge on diversity topics in the medical field and understand the current issues regarding diversity in medical education and the role of the SNMA today, as presented by Dr. Jabbar Bennett, PhD. This event is hosted by the Brody School of Medicine's Student National Medical Association (SNMA).	Noon-1pm <u>via</u> <u>WebEx</u> .
Oct. 28	SGDC's Lunch and Learn. Participants will watch and discuss an Association of American Medical Colleges (AAMC) Diversity 3.0 series video: "Enhancing Institutional Culture and Climate for LGBT and DSD Populations." This virtual event is hosted by the Health Sciences Sexual and Gender Diversity Committee (SGDC) in collaboration with the Vice Chairs for Diversity and Inclusion (VCDI).	Noon, <u>register on</u> <u>Engage</u> to receive a WebEx link.
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ECU Campus Diversity Events compiled by



